

Winter 2018

Community Guide

January - April, 2018



What's inside?

Community Resources

Community Groups

Community Boards
and Committees

Northlands Sno-goers

Poker Rally
February 2-3

Weather and conditions permitting

Multi-plex Preview

How to participate
in the next Community Guide

Spring – Summer Edition

May - August 2018

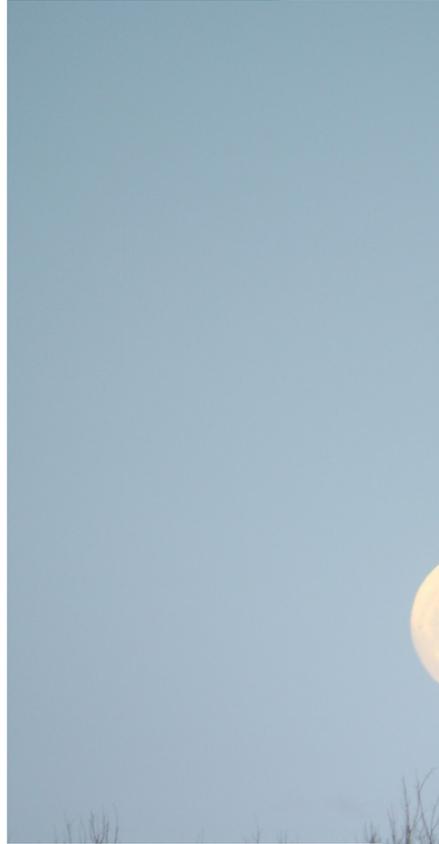


HAPPY NEW YEAR



Your group
Matters

Be included in the next *edition*
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Facebook: facebook.com/townoffoxcreek/

Website: foxcreek.ca

Address: Box 149, 102 Kaybob Drive, Fox Creek, Alberta T0H 1P0

Phone: 780-622-3896

E-mail: communications@foxcreek.ca

COMMUNITY MATTERS



Cobras – Ladies Rec Hockey Club

Contact: Alyssa Mott
Phone: 780-622-9512

Recreational non-contact hockey for ladies 17 and up. If you are interested in playing, please contact us for more information.

Curling Club

Contact: Liz Mostowich
Phone: 780-622-7150

Season runs from October to February. Men's, Mixed, Ladies and Junior Leagues, all available.

1st Fox Creek Scouts

Contact: Gord and Jenn Ashmore
Phone: 780-668-5726

The Fox Creek Scouts program is available for boys and girls aged 5 and up. Contact us for information about enrollment, or if you are interested in becoming a Scout leader.

KidSport

Contact:
www.kidsport.ab.ca

KidSport is a national organization that aims to get kids off the sidelines and into the game by helping overcome the financial barriers that prevent some children from participating in organized sports.

For applications, visit the website.

Light Horse Association

Contact: Tanja Marinus
Phone: 780-622-3485

The horse club provides a location to board horses, a riding arena, round pen, and pens. You must be a club member to be on the property.

This club has an open member policy. Monthly meetings are held on Mondays.



Minor Hockey

Contact: Chris Bignell
Phone: 780-622-7180

Fox Creek is home to the Bulldogs! This program accepts both boys and girls ages 4-17 of every skill level. The season runs October to the end of March.

Motor Sports Association

Contact: Nathan Gunsch
Phone: 780-622-3266

This group of individuals plan and organize the annual demolition derby weekend that takes place in Fox Creek every August.

Chamber of Commerce

Contact: office@foxcreekchamber.ca
Phone: (780) 622-2670

The Fox Creek Chamber of Commerce is a not-for-profit advocate for the region's businesses, its primary goal being to help local businesses grow and prosper.



COMMUNITY MATTERS

The Nordic and Trail Club

Contact:
foxcreeknordicandtrail@gmail.com

The Nordic and Trail club provides approximately 8 km of beautifully groomed trails for the community to enjoy.

The trails feature beautiful hand-made benches, a river view, and technical areas for avid bike riders.

The club also offers a world class bike park.

Visit us this winter and take advantage of the groomed cross country skiing, walking, and fat bike trails.

Business Support Network

Contact: Kristy Tuts
kristy.tuts@gov.ab.ca

A forum to share ideas, and exchange information about current labour market trends, identify and address workforce issues. Luncheon meetings are held at noon on the third Thursday of the month. Follow [facebook.com/foxcreekbsn/](https://www.facebook.com/foxcreekbsn/) for schedule, topics, and locations.

Northland Sno-Goers

Contact: Sheila Gilmour
Phone: 780-622-9489

We are an active snowmobile club with 250 km of well maintained trails. Our goal is to promote a family-oriented sport in the Fox Creek area.

We hold our annual Poker Rally on the first Saturday in February.

Volunteers attend meetings and participate in trail cleaning bees.

Seniors Drop In Centre

Contact: Audrey Tainish
Phone: 780-622-3179

We are a drop-in centre for individuals age 50+. In this casual social atmosphere the coffee is ready, the cards are on the table and puzzles, shuffleboard, and pool tables await. We also enjoy a pot-luck supper every few months.

Wado Kai Karate

Contact: Dan Hill
foxcreekwadokai@hotmail.com

Fox Creek Wado Kai Karate is part of the Shintani Wado Kai Karate Federation. Members meet every Wednesday and Friday at the Fox Creek Scout Hall.

Junior/Family Class: 6:15 – 7:15 p.m.
Adults/Teen Class 7:15 – 8:30 p.m.

Wilderness Volkspport Club

Contact: Evelyn Rogers
Phone: 780-622-3578

Non competitive sport for all ages, to promote health and fitness. Our Club hosts walks in several communities in Alberta.

Fox Creek's walk takes place every morning, 365 days a year, from 6 – 8 a.m.

Your Group Here
and, THANKS for all you do

*Your group
Matters*

Be included in the next *edition*

See page 27



304a – 4 Avenue, Box 610
Fox Creek, Alberta T0H 1P0

Phone: 780-622-3758
Fax: 780-622-3738



Administration, General Inquiries
AND * **Program Registration**

Susan Raiwet
admin@foxcreekcrc.ca

Resources

*The Fox Creek
Community
Resource Centre
(CRC) is a starting
point for
community
members who are
looking for
information, help,
or support.*

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learn

connect

grow

inspire



PARENTS WITH CHILDREN 0-6

PARENT LINK

Parent Link supports parents with children 0-6 years.

Parents and caregivers are children's first and most influential teachers, they are the key to fostering optimal child development.

We offer preventative and supportive programs and services that prepare families to respond to challenges as they arise. We connect parents to parents, families to families, and parents to resources.

Our staff specializes in parenting support, early childhood development and care programs, family support, developmental screening, and accessing existing community resources.

In 2014, the Provincial Parent Link Initiative chose the CRC as the designated site for the Fox Creek Parent Link program. In 2015, our site was selected to also provide services to the Valleyview area.

You are invited to visit, familiarize yourself with our facility, and meet our staff.

304A – 4 Avenue Fox Creek
Phone: 780-622-3758

WEE Play

Ages 0-18 months
PLC Playroom – Drop-in
Monday mornings 9:30-11 a.m.

This program is intended for families with infants up to 18 months. This family support program, offers parents the opportunity to meet, chat, and share experiences with other families who have similar aged children.

During this program, the facilitator provides developmentally appropriate activities and shares relevant facilitative resources with the families.

Hurray Let's Play

Ages 0-6 years
PLC Playroom – Drop-in
Tuesday, Jan 9, 16, 23, 30
9:30-11 a.m.
Thursday, February 1, 8, 15
1-2:30 p.m.

A drop-in, free-play-based program for families with children ages 0-6 years. This program allows children the opportunity to play and explore within the Centre.

Facilitators encourage the children to challenge themselves with the various toys and activities. Parents are able to play alongside their child, learn about their child's development, and interact with other parents.

Fast Feet

Ages 3-6 years
Location TBA
Monday, January 15, 22, 29
1-2 p.m.
*** Registration required**

An active program to encourage healthy, gross motor development in children ages 3-6, and help parents incorporate these skills into fun games and activities.

Musical Munchkins

Ages 0-6 years
CRC Classroom – Drop-in
Wednesday, January 10, 17, 24, 31
6-7:30 p.m.

This program builds on children's love of music and rhythm. We'll teach families new songs and new ways to incorporate song into their daily lives, build language and communication skills, and foster family bonding.

Bounce with Me

Ages 0-6 years
PLC Playroom – Drop-in
Thursday, January 11
9:30-11 a.m.
Wednesday, February 7, 14, 21, 28
6-8 p.m.

During this program we set up the bouncy castle and allow the children to play freely. We encourage turn taking, and patience as children line up to take their turn on the castle.





PARENTS WITH CHILDREN 0-6

Ready Set GO

Ages 3-6 years

Location TBA

Tuesday, February 6, 13, 20, 27

* **Registration required**

A playgroup centred around the developmental milestones as found in the Ages and Stages Questionnaires (ASQ). This program will encourage development within key areas: gross motor; fine motor; problem solving; personal-social; and communication. Facilitators will provide information and activity ideas enabling parents to guide healthy development at home.

STEM Storytime

Ages 3-6 years

PLC Playroom / Classroom

Thursday, March 1, 8, 22, 29

1-2:30 p.m.

* **Registration required**

Science, technology, engineering, and math (STEM) incorporated into favourite stories and fables. Let's take our stories further by exploring the STEM behind it.

Small World

Ages 3-6 years

CRC Classroom

Tuesday, April 10, 17, 24

1-2 p.m.

* **Registration required**

Small worlds are an imaginative play opportunity, recreating various scenes in a tiny way. This takes dramatic play to smaller levels, and allows children to be their own creators. Families will interact with the small worlds that we create, and will have the opportunity to create their very own small world to take home.

Make and Take

Ages 0-6 years

PLC Playroom – Drop-in

Thursday, April 12, 26

5-6 p.m.

Parents and caregivers will create take-home resources, toys, and/or activities for their children. These resources will assist in various learning opportunities, and families will receive many ideas on implementing these teaching strategies at home.

Spring/Easter program

Ages 0-6 years

PLC Playroom – Drop-in

Wednesday, March 7, 14, 21, 28

6-8 p.m.

Spring and Easter themed crafts and activities.

EarthPLAYday

Ages 0-6 years

Location TBA – Drop-in

(outdoor location)

Sunday, April 22

1-3 p.m.

Celebrating Earth Day and the importance of outdoor play and activity for children.

This program brings it all together with an adventure play, incorporating loose parts (tools, tires, fabric, boxes), encouraging children to play with abandon, unleash their imaginations, and create.

www.earthday.ca/play

PLC Gives Back

Ages 0-6 years

PLC Playroom and offsite

Thursday, April 12

Friends of the Fox Creek Hospital Society

Thursday, April 26

Lions Club

Times TBA

April 15-21 is Volunteer Appreciation Week.

PLC families will gather to create gifts of appreciation (Cookies in a Jar) and present them to valued community volunteers.



Little Growers

Ages 0-6 years
Playroom – Drop-in
Wednesday, April 11, 18, 25
6-8 p.m.

This program will introduce families and children to growing their own plants. It is a fantastic opportunity to begin an outdoor garden early.

Families will learn how to germinate sprouts from a seed potato, make a special pot for growing bean sprouts, and create their own greenhouse.

1000 Books Before Kindergarten

Ongoing

This is an ongoing program, implemented at home and supported by staff throughout the spring months.

Families will record the books that they read, and receive recognition for each milestone that they achieve.

Breakfast and Play

Ages 0-6 years
Playroom – Drop-in
Saturday, January 6
9:30-11:30 p.m.

A continental style breakfast is provided, and the playroom will be open for families afterwards.

A last hurrah before the start of school and return to routine after the Christmas holiday.

Game Nights

Ages 0-6 years
Classroom – Drop-in
Tuesday, January 16, 30
5-6 p.m.

This program introduces families to a variety of family-friendly board games. Board games teach children important skills like turn taking, winning and losing, and following directions.

Schedule community Game Nights into your month and integrate board games into your family routine.

Capture the Shenanigans Build a Leprechaun Trap

Ages 0-6 years
Playroom – Drop-in
Tuesday, March 13
5-6 p.m.

We will offer a variety of materials for families to create their very own leprechaun traps. (Catch and Release, of course.)

Easter Eggstravaganza

Ages 0-6 years
Playroom – Drop-in
Tuesday, March 27
5-6 p.m.

Families will learn a few different ways to decorate their Easter eggs, and will take home their creations.

Parent Link Centre (PLC)

A Parent Link Centre initiative is about connecting parents to each other and to resources in their community.

Each centre is designed to be a safe, friendly, informal and welcoming place, for both children and parents, where families can thrive and grow.

For more information on Parent Link, or to find other centres in the province, please visit: www.parentlinkalberta.ca
When there, take a video tour by clicking on the link [Visit a Virtual Parent Link Centre](#).

For more information, contact:
Jenn Taylor
Parent Link Centre Facilitator
780-622-2989
facilitator2@foxcreekcrc.ca

Lara Stadnyk
Parent Link Centre Facilitator
780-622-2989
facilitator@foxcreekcrc.ca

Erin Witty
Parent Link Coordinator
780-524-8672
Box 504
Valleyview, AB T0H 3N0
E-mail: parentlink@foxcreekcrc.ca
Instagram:
<https://www.instagram.com/foxcreekcrc/>



Parent Programs

Triple P Seminars Positive Parenting Program

Parents with children ages 0-12
CRC Classroom – Drop-in
Tuesday, January 16, 23, 30
12:30-2:30 p.m.

This program is a universal parenting support strategy. The seminar series involves three ninety-minute stand-alone positive parenting sessions that can be delivered in small or large group formats.

The three seminars are:
The Power of Positive Parenting
Raising Confident, Competent Children
Raising Resilient Children

Triple P Discussion Group Positive Parenting Program

Parents of children ages 0-12
CRC Classroom – Drop-in

Tuesday, March 6, 13, 20, 27
9:30-11 a.m.

Monday, April 9, 16, 23, 30
(continues into May)
1-3 p.m.

A parent education group addressing the topics:
Hassle-Free Shopping with Children
Dealing with Disobedient Children
Managing Fighting and Aggression
Developing Good Bedtime Routines

Conversation Café

Parents with children ages 0-6
PLC Playroom – Drop-in
Thursday, January 11, 25
1-2:30 p.m.

A parent support group, offering the opportunity to freely discuss various parenting issues, and successes with other parents.

Facilitators will offer information, resources, and support on various topics.

Life Savers

Parents with children ages 0-6
PLC Playroom – Drop-in
Monday, March 5, 12, 19, 26
1-2:30 p.m.

A parent group sharing life hacks, those tried, tested and true products, websites, recipes, activities, and schedules that make our lives easier.

Lunch and Learn

Parents
CRC Classroom
Thursday, January 18, February 22, March 15, April 19
* **Registration required**

Each month we invite a speaker to present to families over lunch. Childmind is provided free of charge. Topics covering a range of subjects pertaining directly to young families, including: first aid, fire safety, wills and estate planning.

ChIPS

Parents with children ages 0-5
ChIPS Hall – Drop-in
Wednesday, January 24,
February 21, March 21, April 18
9 –11 a.m.

This program is provided in partnership with Children's Indoor Playground Society (ChIPS).

Parent Link visits the ChIPS hall and shares a fun learning activity with parents and children. We also use the time to discuss with families their various challenges, interests, questions, concerns, or successes, and offer whatever supports or resources we have available.

Through these conversations, we are able to gather new ideas and develop new programs customized for families within our community.



PARENTS WITH CHILDREN 0-6

PLC/Library Partnership

Parents AND children ages 0-6
Fox Creek Municipal Library
Drop-in
Saturday, March 24, April 14
11-12 p.m.

This program will encourage participants to access another fantastic service within our community, the Library. Build a love of reading, and foster literacy in a fun, play-based atmosphere.

Program planning is in the early stages, however, conversations have included a theme-based program (for example 'Train Day' or 'Lego Day')



Watch social media for details.

All Parent Link Programs are free.

The drop-in programs are open to all families with children ages 0-6, although some activities may be geared toward older children

Lunch and Learn lunch meetings are open to anyone interested. Most topics pertain to families with children under 12 years of age



BABY'S first START

KOATS for KIDS



If you know a child or youth in need of winter outerwear, we can help.

Please contact the CRC.

Donations are accepted at the **Koats for Kids** bin outside the Fire hall (302—4 Avenue)

HOME VISITATION and IN-HOME SUPPORT

Home Visitation and In-Home Support is a voluntary program intended for expectant parents, and parents with children ages 0 -12 years, living in Fox Creek and Little Smoky.

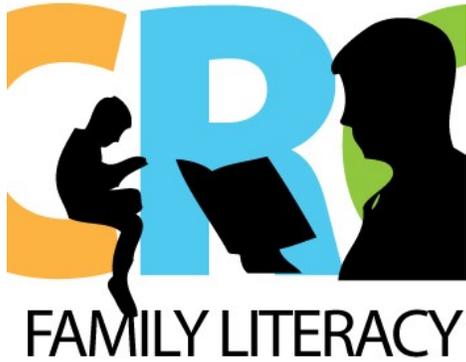
The program focuses on supporting families in achieving optimal child development and healthy family functioning.

The Home Visitor works with families in the home using a parent-driven, goal-based approach.

By promoting problem-solving, positive parent-child relationships, and a predictable, consistent home environment, parents are better able to raise healthy, safe and secure children.

For more information, contact:
Kerriane Pasula
780-622-3758
E-mail: ei@foxcreekcrc.ca





Due to increasing popularity, and limited space, the CRC has initiated a registration requirement for all upcoming **Family Literacy Programs**.

*** To register, contact the CRC: 780-622 3758**

For more information, contact:
Alana Davis
Family Literacy Facilitator
Phone: 780-622-3758
Fax: 780-622-3738
E-mail: alana@foxcreekcrc.ca

Storytime Adventures Baby Version

Ages 0-2 years
PLC Playroom
Thursday, January 18 - March 1
(6-week program)
10 - 11:30 a.m.
(will not run on 'no-school' days)
***Register by January 12**

Share books at birth and beyond! You and your baby will discover your stories together through sharing the love of books.

We will also do a variety of projects and crafts to extend the story for you and your baby. Come and enjoy the story, and get a chance to visit with other parents.

Storytime Adventures

Ages 2-6 years
PLC Playroom
Thursday, March 15 - May 10
(8-week program)
10 - 11:30 a.m.
(will not run on 'no-school' days)
*** Register by March 8**

Enhance your child's love of books!

You and your child will enjoy your favourite stories and some new stories through a storytime. We will also do a variety of activities that extend the story such as crafts, games, and play.

Tot Rock

Ages 0-6 years
Community Hall
Tuesday, January 23 - March 13
(8-week program)
1 - 2 p.m.
(will not run on 'no-school' days)
*** Register by January 19**

Wiggling, singing, and laughing with your child is so much fun! This 8-week program is designed to meet the developmental needs of your toddler through interaction with parents and caregivers.

Come and explore music through songs, rhymes, and fingerplays.

Books for Babies

Ages 0-18 months
PLC Classroom
Tuesday, April 10, 17, 24 May 1
(4-week program)
9:30-10:30 a.m.
*** Register by April 3**

Books for Babies is a great program for parents and babies up to 18 months old. This program encourages parents to share books with their babies on a daily basis. The program also introduces parents to various ways they can support their child's early literacy and language experiences and, in doing so, help promote healthy family relationships.

Led by Family Literacy in partnership with Parent Link.





Busy Bags

Ages 0-6 years
Ongoing Program

A Busy Bag is a large cloth bag containing good quality children's story-books and supporting materials related to a theme.

The puppets, toys, games, and interactive activity suggestions included encourage reading, stimulate language skill development, and promote Family Literacy in the Community.

Buzy Bags are available on loan. Contact Alana at the CRC .

Basket of Books

This annual contest promotes Family Literacy within the home and community.

One basket of books is awarded to a reader in each of the five categories. Preschool/Kindergarten

- Grades 1-3
- Grades 4-6
- Grades 7-12
- Adult

Basket winners draw, and winners announcement, January 29, 2018.

Led by the Library in partnership with CRC's Family Literacy program.

Snowflake Day
Saturday
January 20

10 a.m. – 3 p.m.
Community Hall

- * Pancake Breakfast *
- * Sleigh rides * Skating *
- * Indoor Games * Face Painting *
- * Chili Cook-off *



NORTHLAND SNO-GOERS
February 2-3
FAMILY EVENT

Poker Rally



JAMBOREE

Community Hall

Friday, 6 p.m. - 10 p.m.
Meet and Greet Social Registration

Saturday, 8 a.m. - 11 a.m.
Light Breakfast Registration

Final Poker hand: 4 p.m.

Cocktails: 5 p.m.
Dinner: 6 p.m.

80 km Family Friendly Ride
130 km Experience Riders **OR**

For more information, contact
Sheila 780-622-9489
Sarah 780-622-9120



For more information, contact:
Hillary Carroll
Youth Facilitator
Phone: 780-622-3758
Fax: 780-622-3738
E-mail: hillary@foxcreekcrc.ca

Uniquely Me (Girls)

Girls ages 10-12
Tuesday: February 13, 20, 27,
March 6, 13
3:45-5 p.m. CRC Classroom
Family Celebration - March 20
6:30-8 p.m.

Uniquely Me is a 5-week course promoting positive self-image and self-esteem. The program's goal is to build pre-teen confidence by helping them embrace what makes them unique.

Participants and their families will come together at the end to celebrate what makes them unique.

True to Me (Boys)

Boys ages 10-12
Thursdays; February 15, 22,
March 1, 8, 15
3:45-5 p.m. CRC Classroom
Family Celebration - March 20
6:30-8 p.m.

True to Me is a 5-week course focused on communication and expression to promote positive relationships and self-esteem. The program's goal is to build pre-teen confidence and help them understand the importance of being true to oneself.

Participants and their families will come together at the end to celebrate what makes them unique.

Both programs are led by Home Visitation and In-Home Support.

Babysitting Course

11 years and up
February 8
10 a.m.- 4 p.m.
February 9
1-4 p.m.
CRC Classroom

Cost: \$40.00. Lunch on the first day, and snacks on the second day are provided.

*** Register before February 1**

Learn valuable life skills, what it's like to care for children, how to keep them safe, and how to handle emergencies. Participants will receive a certificate upon successful completion. Please bring a doll with you.

Led by the Youth Program in partnership with Home Visitation and In-Home Support.

Home Alone Course

March 16; 10 a.m.- 3 p.m.
CRC Classroom
Cost: \$10.00. Lunch provided.
*** Register before March 1**

Program designed to provide children 10 years and up with the necessary skills and knowledge to be safe and responsible when home alone for short periods of time. Topics covered include first aid, emergency preparedness, and several other topics related to personal safety.

Led by the Youth Program in partnership with Home Visitation and In-Home Support.

Tween Activity Nights

Grades 2-6
Friday, January 26, February 23,
March 23
6:30-8:30 p.m.
School Gym

Come out and have some fun listening to music, playing games, and hanging with friends. No need to register, just drop-in.

* Tweens, please bring a pair of indoor shoes, you will not have access to classrooms or hallways. A light snack will be provided.

Led by Home Visitation and In-Home Support in partnership with the Youth Program.



Teen Drop-in

Youth Grades 7-12
Once a month (Date, time and location TBA)

A great opportunity to connect with other youth in the community. Come hang out and have a great time. Let us know what you'd like to see in the community.

Led by the Youth Program in partnership with FCSS.

Youth/Seniors Bingo

Youth Grades 7-12
April 19
7-9 p.m.
Golden Circle Drop-in Centre

Calling all youth to come out for a fun night of Bingo with the Seniors. Lots of prizes. Lots of popcorn!

Led by the Youth and Seniors Programs.

Art Attack

Youth Grades 7-12
Every Monday in March (March 9, 16, 23, 30)
7-9 p.m.
CRC Classroom FREE
*** Register before March 2**

Come and have a great time exploring different forms of art. You don't have to be an artist to enjoy exploring art; everyone is welcome! Classes are FREE.

Led by the Youth Program



Heart River Housing is a subsidized rental accommodation program based out of High Prairie, Alberta.

There are 12 units in Fox Creek available for family housing, and a 10-unit affordable-housing apartment complex for adults.

Heart River Housing can assist you with:
Transitional Housing
Affordable Housing
Private Landlord Rent Supplement
Direct Rent Subsidy

For more information, contact:
Mara MacAskill
780 622-3758
E-mail: mara@foxcreekcrc.ca

The Career and Employment Information Services Centre provides self-directed services to all Albertans, including:

- job board
- access to print and web-based career and employment resources
- access to computers, photocopiers, fax and telephone for employment purposes
- and assistance in using these resources.

For more information, contact:
Mara MacAskill
780-622-3758
E-mail: mara@foxcreekcrc.ca

 Fox Creek Career and Employment Information Services





Adult Learning

- Help with Reading, Writing, Basic Math
- Basic Computer / Technology Skills
- Resume Writing
- English Language Learning—Reading, Writing, Speaking
- Exam invigilation
- Help filling out forms

For more information, contact:

Teryl Enevoldsen

Adult Education Coordinator

Phone: 780-622-3758

E-mail: adulthood@foxcreekcrc.ca

Food Safety

Wednesday, January 17

8 a.m.—6 p.m.

CRC classroom

Cost: \$165.00

Includes lunch

*** Register before January 12.**

This class provides the certification in food sanitation and hygiene that is required by Alberta's food regulation.

Conversation Café

Wednesday, January 24, 31,

February 7, 21, 28

CRC Classroom—Drop-in

2-4 p.m.

Come out and meet new people, talk about current events, learn constructive ways-give feedback, participate in activities that will spark conversations with others.

Coffee, tea and light snack provided.

Keyboarding for Beginners

February 5, 12, 26

7-8:30 p.m.

CRC Classroom

*** Register before February 1.**

Learn typing basics, home row and keyboard shortcuts. Casual atmosphere and plenty of opportunity for practice.

Creative Writing Circle

Tuesday evenings in March

(March 13, 20, 27)

8- 9:30 p.m.

CRC Classroom

*** Register before March 7.**

Unleash your inner creative spirit. We will supply the materials, the space, writing prompts and activities to spark your creativity.

Teaching Kids about Money

April 16

7-9 p.m.

CRC Classroom

***Register before March 28.**

It's never too early to start teaching your kids about money.

This one evening event provides tips and tricks to help you set your kids on the path to good money management.

GED Prep

April 3, 10, 17, 24

6-8 p.m.

CRC Classroom

***Register before March 28.**

Considering taking your GED? If so, enroll in this FREE class developed to help you prepare to take the courses or challenge the tests.



ADULTS AND SENIORS 55+



SENIORS 55+

For more information, contact:
Alana Davis
Seniors Facilitator
Phone: 780-622-3758
E-mail: alana@foxcreekcrc.ca



Seniors 55+ Chair Yoga

Monday, starting January 8
11-11:45 a.m.
Golden Circle Drop-in Centre
* Subject to instructor availability

Enjoy the benefits of yoga through a safe, gentle program. Increase your flexibility, range of motion, and core strength.

No *pretzel* poses or getting on the floor required.

Yoga may ease many problems associated with aging such as arthritis, pain, bone weakness, and blood pressure fluctuations.

Seniors 55+ Aquasize

Wednesday, starting January 3
10-11 a.m.
Best Western Plus
* Aquasize may switch to free swim, depending on instructor availability.

Once again, thanks to The Best Western Plus, seniors can continue to enjoy a weekly dip in the pool.

The CRC's Seniors facilitator is on-site to assist. Seniors are welcome to stay longer and use the fitness facility. This program is FREE.

Seniors 55+ Coffee and Conversation

The first Tuesday of every month, starting January 9
2 p.m.
Golden Circle Drop-in Centre

Check out current programs and provide input about what you would like the CRC to offer in the future or play some cards, do a puzzle, visit with friends and neighbors. Coffee, tea and snacks provided.

Seniors 55+ Prize Bingo

Second Tuesday of every month, starting January 9
6:30-9:30 p.m.
Golden Circle Drop-in Centre

Youth/Seniors Bingo

April 19 7-9 p.m.
Golden Circle Drop-in Centre

Come out and enjoy a night of inter-generational fun and friendly competition. There will be popcorn.



Family and Community Support Services (FCSS) offers assistance through advocacy, coordination of services, prevention programs, and community education. We provide the opportunity for community organizations to network.

Fox Creek's FCSS grant program also provides assistance to community organizations that offer social programs that are preventative in nature to the community.

FCSS grant applications are now being accepted. To be eligible for consideration, projects must meet one or more of the following FCSS mandates:

- Enhance, strengthen and stabilize family and community life
- Improve the ability of persons to identify and act on their own social needs
- Help avert family or community social breakdown
- Help prevent the development of crisis situations for individuals and families
- Promote and support volunteerism
- Support the development of children, youth, adults and families

For more information contact:

Hillary Carroll
780-622-3758

E-mail: hillary@foxcreekcrc.ca

Snowflake Day

Saturday, January 20
10 a.m. - 3 p.m.
Community Hall
All ages welcome.

A full day celebrating winter. Family friendly activities, a pancake breakfast, skating, sleigh rides, indoor games, face painting, and a fiercely competitive chili cook-off.

Led by FCSS in partnership with other CRC programs and Fox Creek Parks and Recreation.

Community Dinner Dinner by Donation

Wednesday, February 14, Tuesday, March 13, and Tuesday, April 10
6 - 7:30 p.m.
Community Hall
All ages welcome.

The "Dinner by Donation" program assists community organizations with their fundraising efforts. FCSS helps offset the cost of ingredients. Community groups host, prepare and serve the meal. All donations received go back to the host.



share

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Family Day Dinner and Dance

Monday, February 19
Dinner 5 -6 p.m.
Dance 6 - 8:30 p.m.
Community Hall
All ages welcome.

Annual event celebrating families!

Door prizes and fun for the whole family.

Tickets will again be available at the CRC. FREE – although there is a limited number of tickets. No holds. Tickets must be picked up.

Family Games Night

Middle of March – date TBA

A night of games, activities, and prizes for the whole family.

This lively, popular event is usually held at the school gym.

Led by the Library in partnership with the CHAMP Team and the CRC.

Interagency Meetings

January 18, March 15
11:30 a.m. - 12:30 p.m.
Lunch provided.
Golden Circle Drop-In Centre

Interagency meetings are held the third Thursday, every second month, except during summer.

The Fox Creek Interagency is a collaboration of human service agencies within the community, promoting the free exchange of information through participation among members with common goals.

We aim to enhance communication and work together to better serve the community.



The Food Bank prepares food orders on Tuesdays and Thursdays.

If you are in need of the Food Bank, please call before noon and at least one day in advance.

Food Bank requests are available for pick-up at 3:00 p.m. We are unable to deliver.

Pick up at: 304A – 4 Avenue (beside the ambulance bays)
For more information, contact: 780-622-3758

Proof of address and names of all individuals living at the residence (identification card, health care card, etc.) is required.

Cash and non-perishable food donations are gratefully accepted.

nect

celebrate

inspire



BUSINESS SUPPORT

WE'RE HERE TO HELP...

Whether you are a business owner or a resident, we encourage you to drop by Town Office, where you can grab some newly published brochures, pamphlets, and checklists for common development requests.

... AND TO LISTEN

In partnership with the Chamber of Commerce, and Province of Alberta Representatives, we are aiming to visit local businesses, hear your concerns, ideas, and assess what is going right.

For more information, contact:

Yi Qin

E-mail: development@foxcreek.ca

Kristen Milne

E-mail: kristen@foxcreek.ca

Phone: 780-622-3896

RESOURCES

Frequently asked

What do I need to know about:

Building a Fence?

Building a Garage?

Building an Accessory Building?

Building a Deck or Patio ?

Residential Driveway Specifications?

Information Brochures are available at the Town Office

REBATE PROGRAM

Water Conservation

Receive a rebate for low flush toilets, and showerheads newly installed at your business or residence.

For details, visit:

foxcreek.ca/water-conservation-and-filtration-program/



WELCOME

New Business 2017

RHM Transportation Ltd.

Full Throttle Tattoos

Quick Fix Mechanicals Ltd.

V.S. Electric Ltd.

Alberta Safety Control Inc.

Down East Fish and Chips

Fox Creek Fitness Society

Fab U Lash N Brows

Block Fox Safety & Security Services Ltd.

Fast Cabs

Terel Electric Ltd.

Century 21 Twin Realty

Steve's Hot Shot & Silver Rooster Towing

Pac West Properties Inc.

Bull Mechanical Ltd.

Three S Steel Contracting Ltd.

Ridge Valley Colony

Sawley Sisters Catering

CIMCO Refrigeration - a division of Totomont Industries

Master Pools Alta Ltd.

Solarity Massage ; Solarity Spa

Reward Construction Ltd.

Ultra Construction Inc.

Legacy Building Solutions of Canada ULC

2% Realty Edge

Montech Mechanical Industries Ltd.

CFXW BOOM 98.1/96.7 NEWCAP Inc.

EGT I.T. Services

The Press

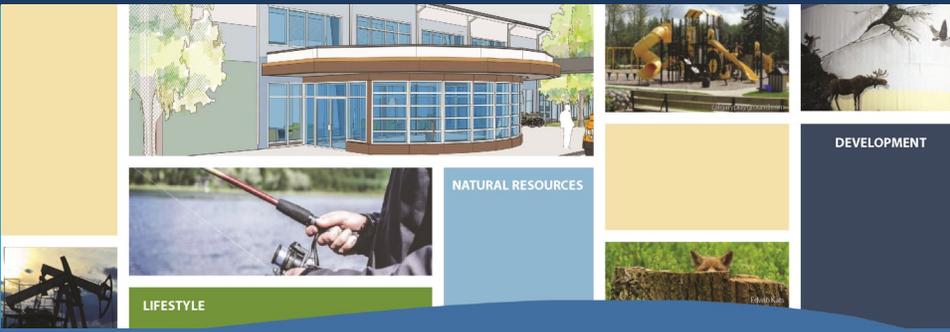
Seven 22 Services Inc.

Hawkings Epp Dumont LLP

License Types: Commercial (7);
Home Occupation (2); Industrial (2);
Out of Town (17); Service (2)



ECONOMIC DEVELOPMENT



ECONOMIC DEVELOPMENT—STRATEGIC VISION

Our aim is to diversify the economic growth of the community in such a way that we achieve a resilient economic tax base, strong employment options for the next generation, and attain population growth to 5000.

The Town of Fox Creek will be recognized as a great place to live, work and visit. The quality of life will serve to attract and retain a high quality of individuals. Will be a pleasant and safe community with stability, prosperity and family values.

The Town of Fox Creek will be a place where all residents, communities and businesses have an opportunity to prosper.

While Oil and Gas will continue to be the economic mainstay, other sectors will have developed and prospered. There will be larger and more diverse retail, commercial and professional services and facilities, including enhanced businesses, education and medical services.

Other important emerging sectors including tourism, forestry, and geothermal will represent increasingly important parts of our economy.

2017 DEVELOPMENT PERMITS

Land Use Type	Total Value of Development	Total # of Development Permits Issued	Total proposed floor area of the developments
Commercial	\$ 2,126,000.00	Four (4)	133.78 M ²
Direct Control	\$ 780,000.00	One (1)	306.0 M ²
Industrial	\$ 367,600.00	Seven (7)	464.53 M ²
Residential	\$ 4,276,528.00	Ten (10)	1,319.70 M ²
Total	\$7,550,128.00		



LICENSE BENEFITS

Do you know what you get for your business license fee?

The Town lists licensed businesses in the Business Directory on our website.

We are also developing a **Local Content Program**.

Fill out the form attached to your business license renewal so we have the most accurate and updated information to share with the major players in our area; they are always on the hunt for contractors able to provide required services.

Local referrals

We often receive phone calls asking for service referrals. If you don't have a license, we don't know to refer you !

PARKS AND RECREATION



Adult Programs

Fitness and Sport

Women's Circuit Training

Mondays and Wednesdays

7 – 8 p.m.

January 15 – March 22

Community Hall

Cost: Season—\$30 ; Drop-in—\$5

Child-minding on site: Season—\$15;

Drop-in—\$5

All fitness levels welcome.

Art and Culture

Adult Paint Night

January 2018

Time and location to be announced

Children Programs

Health Fitness Sport

Tumbling

Children 4 and older

Sundays, January 14 – March 25

6 – 7 p.m.

Community Hall

I Can Skate

Children 3 and older

Tuesdays, January 9 – March 20

4 – 5:30 p.m.

Arena

Figure Skating

Children 6 and older

Thursdays, January 11 – March 22

4 – 5:30 p.m.

Arena

Art and Culture

Craft Day

Children 4 – 8 years

Thursday, February 8

1 – 4 p.m.

Community Hall

Kids Learn to Paint

Children 8 – 14 years

Friday, February 9

1 – 4 p.m.

Community Hall



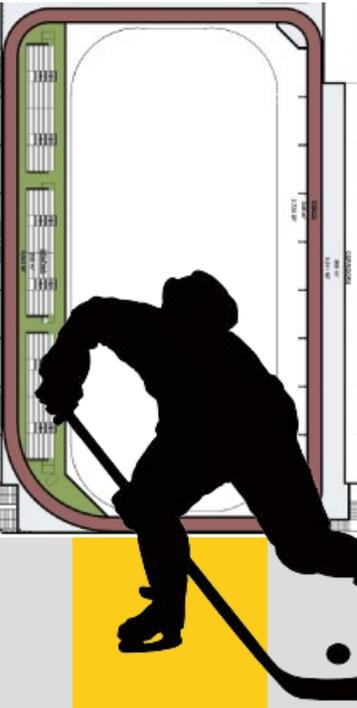
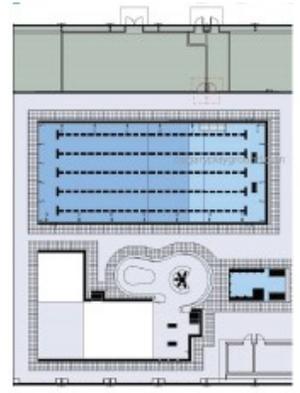
For more information, or
to schedule an event contact:

780-622-3896

E-mail: recreation@foxcreek.ca

The Arena Schedule is available online

foxcreek.ca/arena-schedule



Arena

Everyone knows the arena is the place to be in the winter months. Figure skaters and minor hockey enthusiasts, aspiring Bulldogs, and parents who were once kids, remember, and cherish memories made on and around the ice.

Adult recreation, old-timer leagues, family and public skate opportunities keep the dream and the passion alive.

Many remember exactly where they learned to skate, when, and with whom.

The Multiplex will make memories, for generations.



NHL regulation ice surface * Public and family skate * Shinny * League and recreational play * Tournaments * Referee Rooms * Book a skating party * Finally, learn to skate *



THE FUTURE Fox Creek Recreation Centre



* Whirlpool * Lane Pool * Sauna * Lazy River * Wading Pool * Steam Room * Host a swimming party * Leisure Pool * Learn to swim * Spacious dressing area *

Aquatic Centre

Tied with the arena, the indoor pool is arguably the most anticipated and popular addition to the Fox Creek health and wellness community.

The outdoor pool served the community admirably for decades. Well-loved and well-used, the pool was the primary go-to facility during the our short summer season. Wear, tear, and out-dated equipment rendered the pool inoperable, disappointing many on far too many occasions in recent years.

This indoor facility will welcome swimmers year-round and provide more amenity delights than the retired outdoor pool and its creators ever envisioned.

We are grateful for all the years of enjoyment it provided and, at the same time, we welcome the new whirlpool, length lanes, sauna, wading pool, and lazy river features.



13,000 square feet * Spectator seating * Four team dressing rooms *

Field House

The field house is a new addition to the Fox Creek amenities list.

Until now, soccer, floor hockey, basketball, badminton, wiffle ball and volleyball were confined to the outdoors and were seasonally limited. The indoor field house changes all that.

Year-round leagues, drop-in-and-kick-the-ball-around recreational opportunities, as well as competition hosting, will now be possible for all our favourite field sports.



Running Track

Located on the second floor overlooking the arena * Ergonomic running surface, easy on the joints *



Fitness Centre

Comfortable atmosphere * State-of-the art cardio, strength and fitness equipment *

Food Services

Concession * Smoothie Bar *
Restaurant *

**Grand Opening
Summer 2018**

Community Resource Centre Administration

Offices * Meeting rooms * Classrooms *

Parks and Recreation Administration

Offices * Meeting rooms * Classrooms *

Visit the Progress Gallery—Photo Journal

<https://foxcreek.ca/the-multi-plex-progress-gallery-a-photo-journal/>

Life Maintenance
guarantee
Housekeeping
pinning
Fitness
Instructors

We're ^{soon} Hiring

The multi-plex will create, an estimated
35 job opportunities

* Lifeguards * Housekeeping and maintenance
personal * Reception and guest services * Fitness
instructors and activity leaders

Job opportunities and scope are still being assessed.
Watch for postings and social media updates during the
coming months.



Send letter of interest and resume to:
alicia@foxcreek.ca



Be included in the next *edition*

Spring-Summer 2018

Community Guide

May - August, 2018

Group name: _____

Contact information:

Name: _____ Phone: _____

Email: _____ Website: _____

Group description: _____

Coming event

Event details

Date: _____

Time: _____

Location: _____

* use additional pages if required

** additional forms available at: foxcreek.ca/clubs-organizations/

*** images and logos gratefully accepted and will be used if space permits.

Send Community Guide details: **Spring Edition, before March 1, 2018**

(May - August inclusive)

Fall Edition, before July 1, 2018

(September - December inclusive)

Winter Edition, before November 1, 2018

(January - April 2019 inclusive)

E-mail: communications@foxcreek.ca **Subject line:** Community Guide

Box 149, 102 Kaybob Drive, Fox Creek, Alberta T0H 1P0



CIVICS Boards and Committees

Our Civic Boards and Committees welcome community members to assist in making decisions, shaping policy, and representing Fox Creek's best interest, as determined by each board's mandate.

If you have an aptitude, interest, or expertise in any of the following areas, and are willing to invest your time, please inquire at the Town Office or send a letter of inquiry and your résumé, to:

THE TOWN OF FOX CREEK

PO Box 149

Fox Creek, Alberta

T0H 1P0

Phone: 780-622-3896

E-mail: communications@foxcreek.ca

Subject: Member at Large Inquiry

Culture and Recreation Board

This board aims to create a healthy, strong community by meeting the leisure and social needs of Fox Creek.

Members will make recommendations to Town Council with a suggested plan of action to enhance, strengthen, and stabilize family and community life.

You will work on the growth and development of a broad range of recreation activities and the coordination of facility development to provide opportunities to people of all ages.

This board meets monthly.

5 Members at large

1. Chris McKennitt,
2. Don Sather
3. Leanna Iddings
4. Glen Larson
5. Jody Davidson

Council Members

1. Councillor Burridge
2. Councillor Chaychuk-Rieger
3. M.D. of Greenview

Vision Statement:

A Citizen focused vibrant embracing diversified partnership small town family values.

Cou Mat

Joint Economic Development and Tourism Board

This Board will work to develop an Economic Development and Tourism business plan that serves to enhance Fox Creek and immediate surrounding area.

Members will provide guidance to the Economic Development Officer, assist Administration in the implementation of the strategies identified in the Economic Development Business Plan and recommend related strategies, ideas, solutions and opportunities.

The Committee will also serve as a conduit or collaboration channel to the public, business community or investors in support of development and prosperity. This board meets monthly.

2 Members at large

1. Stacy Hanlon
2. Kori-Ann Florentino

Council Members

1. Councillor Ahn
2. Councillor Chaychuk-Rieger
3. Mayor Hailes (Alternate)
4. Two M.D. Greenview
5. One Chamber of Commerce Rep.
6. Six Industry and Business Reps.

Left to right: Diane Ahn, Shawn Watson, Sheila Gilmour, Jim Hailes, Brenda Burridge, Wendy Chaychuk-Rieger, Meesha Bainton





Council Members

sustainable community,
new business and building upon
We have Energy!

Joint Recreation Board

This newly created board will advise Council on the construction of the Multi-use facility, keep Council informed on the progress of the Centre, and assist with decisions that arise during the construction process.

3 Members at large

Council Members

1. Councillor Burridge
2. Councillor Ahn
3. Mayor Hailes (Alternate)

Assessment Review Board

When required, this board hears assessment appeals from concerned property owners disputing the Regional Assessment Officer's calculation.

Successful applicants will be required to attend three days of training. Remuneration and out-of-pocket expenses are covered.

3 Members at Large

Council Members

1. Councillor Burridge
2. Councillor Ahn
3. Councillor Gilmour (Alternate)

Community Enhancement

This Committee will address the long-term concerns relative to the aesthetic and physical appearance of downtown Fox Creek and aspects of the Highway 43 corridor.

Members will make recommendations to Town Council, provide suggestions and a plan of action in response to the mandate. This committee meets monthly.

5 Members at large

- Kim Hanlon
- Alison Sharpe
- Kori-Anne Florentino

Council Members

1. Councillor Gilmour
2. Councillor Watson
3. Councillor Burridge (Alternate)

Subdivision and Development Appeal Board

This board meets when required to make decisions on appeals of subdivision or development decisions made by the Development Officer or Municipal Planning Commission.

Remuneration and out-of-pocket expenses are covered.

4 Members at large

Council Members

1. Councillor Gilmour
2. Councillor Hailes
3. Councillor Ahn (Alternate)

Greenview Regional Waste Management Committee

The Town of Fox Creek currently has one opening on the Greenview Waste Management Committee. All appointments are for a one-year-term with the possibility of extension.

Remuneration and out-of-pocket expenses are covered. Your role will be to act in an advisory or decision making capacity for the respective responsibilities of the committee.

This committee meets every two months.

1 Member at large

Council Members

1. Councillor Burridge
2. Councillor Gilmour
3. Councillor Watson (Alternate)

Youth Advisory Committee

Council Members

1. Mayor Hailes
2. Councillor Ahn
3. Councillor Bainton (Alternate)

8 Student Members at large

1. Six High School Representatives
2. Two Youth at Large (13-18 prior to Dec 31 of current year)

UTILITIES AND SERVICES



Natural Gas

Gas hook-up, furnace, and pilot-light assistance .

Atco Gas 310-5678

Hydro / Electricity

Atco Gas 800-668-2248

Communications

High Speed Internet

Telus 310-2255
 Eastlink 888-345-1111
 Switch Air Fiber 877-628-3801

Satellite Television

Shaw Direct 888-554-7827
 Bell Express VU 888-759-3474

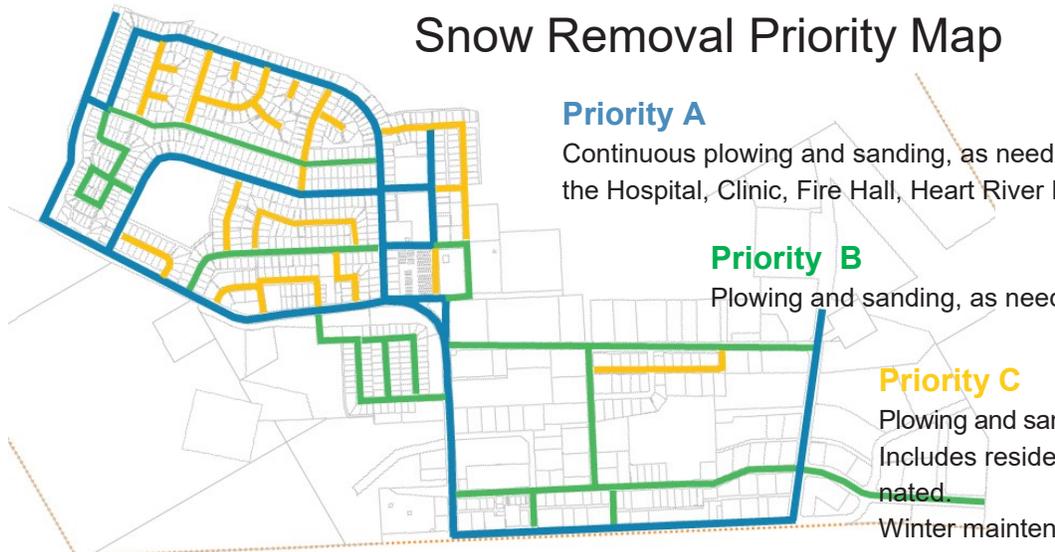
Cable Television

Telus 310-2255
 Eastlink 888-345-1111

Telephone

Telus 310-2255
 Eastlink 888-345-1111

Snow Removal Priority Map



Recycle Pickup Blue Bag Collection Thursday mornings



Service inquiries:
 1- 866- 417- 2797
 gflenv.com

Garbage Pickup Tuesday Collection Thursday Collection



Service inquiries:
 780-622-7478
 johnsnydersrd@gmail.com



UTILITIES AND SERVICES

Bylaw Enforcement

Peace Officer 780-844-0025

Available during working hours, only. Please leave a message or send an email for non-emergency items.

E-mail: peaceofficer@foxcreek.ca

After hour emergencies, contact the RCMP.

Animal Control

Animal on the loose or animal in distress

During work day hours

Town Administration 780-622-3896

On call, after hours

Public Works 780-622-7620

Domestic Transfer Site

Tuesday and Thursday
Noon - 4:00 p.m. (Oct - April)
Noon - 7:00 p.m. (May-Sept)

**Monday, Wednesday,
Friday, Saturday**
11:00 a.m. - 4:00 p.m.

Located on Airport Road.
Accepts transferable or smaller recyclable items: domestic garbage, electronics, paint, grass and leaves, batteries, fluorescent light bulbs, fridges and freezers, tires, clean fill.



Transfer Site inquiries:
780-622-3896
operations@foxcreek.ca

Landfill

Tuesday and Thursday
Noon - 4:00 p.m. (Oct - April)
Noon - 7:00 p.m. (May -Sept)

**Monday, Wednesday,
Friday, Saturday**
11:00 a.m. - 4:00 p.m.

Accepts: larger items, car bodies, wood waste, appliances (without refrigerant), and scrap metal.



Landfill inquiries:
780-622-7478
johnsnydersrd@gmail.com

Bulky item pickup

May 14-18

Yard cleanup

May 22-25



Reminders will be posted on social media.



Service inquiries:
780-622-3896
operations@foxcreek.ca

CONTACT US



Administration

General Inquiries / Reception Desk
780-622-3896

Chief Administrative Officer
Roy Dell
operations@foxcreek.ca

**Assistant CAO
Economic Development**
Kristen Milne
kristen@foxcreek.ca

Director of Corporate Services
Alicia Bourbeau
alicia@foxcreek.ca

Development Officer
Yi Qin
development@foxcreek.ca

**Assistant Development Officer
Reception**
Cindy Nielson
cindy@foxcreek.ca

Executive Assistant
Emily Cuthbertson
emily@foxcreek.ca

Utilities / Accounts Receivable
Gina Manning
ru@foxcreek.ca

Accounts Payable
Bonnie Williams
accountspayable@foxcreek.ca

Parks and Recreation

General Inquiries / Reception Desk
780-622-3896

Director of Parks and Recreation
Mitch Carter
mitch@foxcreek.ca

Recreation, Administrative Support
Wanda Thorne
recreation@foxcreek.ca

Medical Services

Ambulance
3048 4 Avenue,
Fox Creek, Alberta T0H 1P0
Phone: 780-622-3626

Hospital
600 3 Street
Fox Creek, Alberta T0H 1P0
Phone: 780-622-3545

Medical Clinic
600 3 Street
Fox Creek, Alberta T0H 1P0
Phone: 780-622-3010

Rexall Pharmacy
14 Commercial Court
Fox Creek, Alberta T0H 1P0
Phone: 780-622-3990

9-1-1

Public Works

EMERGENCY

After Hours - General Emergency

780-622-7620

**After Hours - Utilities Emergency
(Water and Sewer only)**

780-844-0173

General Inquiries / Reception Desk
780-622-3896

Shop Phone: 780-622-4257

Director of Operations
John Greathead
john@foxcreek.ca

Superintendent of Operations
Dennis Bellwood
dennis@foxcreek.ca

Emergency Services

RCMP Detachment
106 Kaybob Drive
Detachment: 780-622-3580
24 hour: 780-622-3740

Fire Hall
306 4 Avenue
Phone: 780-622 -3757