



Adult and Youth

Volunteers of the Year



May 2023

**RES
OUR
CES**



**Sam Morin
Alyssa Villanueva**



Thank you

SUNDAY MAY 28TH
10AM - 12PM

ENGLISH CONVERSATION CAFE

FOX CREEK
COMMUNITY RESOURCE
CENTRE



FREE Online Workshop

Home Safety

for Infants & Toddlers



This interactive workshop will explore the common causes of childhood injury, including falls, poisoning, burns, and breathing emergencies.

Parents and caregivers will have the opportunity to ask questions and learn simple strategies for building a safe home for the whole family.

Time: 1 Hour

Location: Online (Zoom)

Upcoming Dates:

- May 23 @1:30pm
- June 14 @10:30am
- July 20 @1:30pm
- August 15 @10:30am

Please review the Eventbrite page to register and view other available workshops.



Presented by:

Edmonton Zone
Population Health Promotion
Injury.PreventionEdmonton@ahs.ca



FREE Online Workshop

Child Safety Seats for Families

Confused about child
safety seats?



This interactive workshop will provide information and answer questions about choosing, installing and using child safety seats, booster seats and seat belts for children ages 0 -13 years.

Time: 1 Hour

Location: Online (Zoom)

Dates:

- May 2 @10:30am
- May 17 @1:30pm
- June 6 @1:30pm
- June 22 @10:30am
- July 12 @1:30pm
- July 25 @10:30am
- August 10 @1:30pm
- August 23 @10:30am

Please review the Eventbrite page to register and view other available workshops.



Presented by:

Edmonton Zone
Population Health Promotion
Injury.PreventionEdmonton@ahs.ca



TRAVELING BUSINESS INCUBATOR

LOOKING TO START, GROW OR SELL YOUR BUSINESS?
Book your appointment today with a small business specialist.
Fox Creek Community Resource Centre, 3rd Tuesday of each month

emaccormac@albertacf.com

yellowheadeast.albertacf.com



Call (780) 622-3758 to
make your appointment

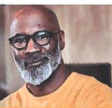


Tech Help

Mondays & Wednesdays
2pm - 4pm

Alberta Education

Wellness Exchange Free Workshops



Who: Anyone interested in improving their skills to cope with change, manage daily stressors, and increase their overall well-being.

What: Five different skill-building workshops – one topic per workshop. Attend any topic that interests you or attend all five.

Where: Fox Creek Greenview Multiplex
103 2a Ave
Fox Creek, AB

When: Mon / Thurs - 6:30 - 7:30 PM

May 8, 2023	Problem-Solving
May 11, 2023	Positive Activities
May 15, 2023	Managing Reactions
May 18, 2023	Helpful Thinking
May 29, 2023	Healthy Connections

Facilitator: Curtis Lockinger (AHS)

Registration: Call (780-622-3758) or email (crcsupport@foxcreekcrc.ca)

Registration is REQUIRED. Registration closes two days prior to each scheduled event. While the program is designed to optimally flow from lessons one to five, you do not need to register for all five sessions.

Questions: Please call or email with any questions.

Thank you to the Town of Fox Creek and
the Community Resource Centre for your support.



Workshops are facilitated by AHS staff in partnership with community agencies. Workshops are open to anyone. They are not group therapy nor are they a substitute for the advice of a qualified health professional.

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Alberta Health
Services

SERVICE CANADA PRESENTATION AND LUNCH

**THURS, JUNE 22
11:00 AM
FCGM - FLEX ROOM**

Please join us for an
information session on
senior benefits, employment
insurance (EI), maternity
leave and sickness EI
benefits.



Call 780-622-3758 to
register by June 19



BOOK CLUB

**May 17,
June 21
7 pm
At the
CRC**

SCAN ME



MEN'S NIGHT



ADULTS

MAY 23

6:30 – 8:30 pm

**Crib Night and
Refreshments**



**Tuesday
May 9 & June 13
7:00pm - FCGM Flex Room**

BRING A PROJECT WITH YOU TO WORK ON
WHILE ENJOYING THE COMPANY OF OTHER
CRAFTERS.





Public
works
connects us



Hydrant Flushing Begins May 8

Public Works staff will be out flushing hydrants throughout the warmer months. Sometimes, during the hydrant flushing, we will stir up rust and mineral deposits, this is a good thing. Flushing keeps our lines clean, increases flow in the system, and ultimately keeps the water safe.

We will try to keep the disruption minimal. Please ensure the cold water is clear before doing laundry.

Road Maintenance

Also beginning May 8, crews will be line and crosswalk intersection painting. In addition the pothole crew, equipment and the sweeper will make the rounds, as necessary, throughout the summer.

As usual, exercise caution and attentiveness when traveling near road crews.

Proclamation

Mayor Gilmour has Proclaimed May 21-27 Public Works Week in Fox Creek. Public works professionals focus on infrastructure, facilities and services that are of vital importance to sustainable and resilient communities and to the public health, high quality of life and well-being of the people of Fox Creek.

These infrastructure, facilities and services could not be provided without the dedicated efforts of public works professionals, who are engineers, managers, and employees at all levels of government and the private sector, who are responsible for rebuilding, improving, and protecting our nation's transportation, water supply, water treatment and solid waste systems, public buildings, and other structures and facilities essential for our citizens.

Thank a Public Works staff.



Rake it
Bag it
Place it
at the curb

Curbside Yard Waste Collection Every Wednesday

Awareness Week

May 21-27, 2023

LANDFILL

October - April

Monday and Saturday
11:00 am - 4:00 p.m.
Tuesdays and Thursday
Noon - 4:00 p.m.
Wednesday and Friday
11:00 am-4:00 pm

May- September

Monday and Saturday
8:00 am-4:00 pm
Tuesday and Thursday
Noon-7:00 pm
Wednesday and Friday
11:00am-4:00 pm

Closed Sundays and Holidays

Accepts: larger items, car bodies, wood waste, appliances (without refrigerant), and scrap metal.

Fees:

- 1 ton truck and under: \$5.00
- Appliances (not including refrigerated): \$20.00
- 1-3 ton truck: \$250.00
- Tandem: \$500.00
- End Dump: \$750.00
- Hydrovac (clean materials with no contaminants only): \$150.00/load
- Car/Truck Bodies: \$100.00 each

DOMESTIC TRANSFER STATION

Wednesday, Friday and Saturday
08:00 am – 4:00 pm (year round)
Tuesday and Thursday
11:00 am – 7:00 pm (May to September)
Tuesday and Thursday
08:00 am – 4:00 pm (October to April)

Snow Disposal – \$20.00 tandem

Located on Airport Road, the Transfer Site accepts transferable or smaller recyclable items such as domestic garbage, electronics, paint, grass and leaves, batteries, fluorescent light bulbs, fridges and freezers, tires and clean fill.

NOTE: Refrigerated Appliances accepted at Waste Transfer Station only.

Contacts

General Inquiries / Reception
780-622-3896

Shop Phone:
780-622-4257

Director of Operations
Dennis Bellwood
dennis@foxcreek.ca

EMERGENCY

After Hours - General Emergency

780-622-7620

After Hours - Utilities Emergency
(Water and Sewer only)

780-622-7629

52 2 Avenue
P.O. Box 149,
Fox Creek, Alberta, T0H 1P0

Seniors Week 2023

Registration Deadline
May 29

J U N E

5 **Tea and Craft**
At the Library
11:30 AM

6 **Coffee and Conversation**
2:00 PM

7 **Lunch and Golf**
Silver Birch
Noon- 4:00 PM

8 **Pizza and Bingo**
Golden Circle Seniors Centre
6:00 PM

9 **Pickleball Tournament**
FCGV Fieldhouse
10:00 AM-Noon



**event and
program
calendar**

Contact the CRC
780 622 -3758



SENIORS BINGO
7:00PM
MAY 23 & JUNE 20
SENIORS GOLDEN CIRCLE CENTRE

FOR MORE INFORMATION ABOUT SENIORS PROGRAMMING CALL
THE FOX CREEK COMMUNITY RESOURCE CENTRE AT
780-622-3758

Fox Creek
COMMUNITY RESOURCE CENTRE



Learners License Study Group

May 9-10, 2023

Ages 13-18

(must be turning 14 in 2023)

Cost: \$50.00

Includes cost of Learners Exam

Where: The Legion

How to Register:

Call 780-622-2048

email stephanie.clair@foxcreekbusiness.com

Chat and Chill

Grades 7-12

Wednesdays

Starting May 10

3:30-5:30PM

Tween Get Together

Grades 4-6

June 5

3:30-5PM

TEENS AND TWEENS



FOX CREEK LIBRARY

Monday –Friday 10-8pm

Saturday 10-3 pm

780-622-2343

May

at the library



Healing Crystal Keychain

Teen Program

Free

May 29

3:30 -7:00 pm

Age 12-18

Adult Program

Free

May 18

Choose a time

Noon-7 pm

Limited supplies. Registration required

Free Miniature Gardening Workshop

May 24

4-5PM

Age 6-11

Registration required. Limited supplies.

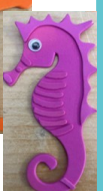
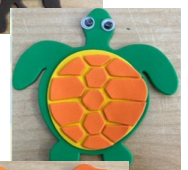
Supervision required for children 9 years and under



Children's Grab and Go Kit

Age 2-5 years

Free kit includes supplies to make two foam animals



Fox Creek
Community Adult Learning Program

WE WANT YOU!

Two volunteer Board Member positions available

Interested applicants should have a passion for life long learning and live in the Fox Creek Area

Send a Letter of Interest to adulted@foxcreekrc.ca or Call 780-622-3758 for more information

Alberta Education CALP

Town Office Hours

May Long Weekend

The office is closed

May 20-22



Fox Creek Motor Sports Assoc

Board members needed

Annual General Meeting
May 24
7:00 pm
BW Lounge & Dining

AQUA ZUMBA

MONDAYS @ 6PM
MAY 8 - JUNE 19
*NO CLASS MAY 22
\$35 + GST / INCLUDED WITH MEMBERSHIP
DROP-INS WELCOME



AQUASIZE

CHEVRON AQUATIC CENTRE

Wednesdays from 10-11am

INCLUDED WITH MEMBERSHIP OR DROP-IN RATES APPLY

FoxCreek Greenview

National Lifeguard-Pool

CHEVRON AQUATIC CENTRE

Every Tues, Wed, Thurs
May 30-June 15
4:00-8:30pm
\$300 + GST

Pre-requisites:
Bronze Cross, 16 years old, and current Standard First Aid

multi
plex
622-2511



LIFESAVING SOCIETY The Lifeguarding Experts FoxCreek Greenview MULTIPLEX

National Lifeguard Recert

CHEVRON AQUATIC CENTRE

Thursday, June 15
4:00-8:30pm
\$100+ GST

Standard First Aid must be current

LIFESAVING SOCIETY The Lifeguarding Experts FoxCreek Greenview MULTIPLEX